



REFRESHING SUMMER DRINKS

Watermelon Lime Refresher

- 1 cup chopped watermelon
- 1 cup sparkling water
- 1 freshly squeezed lime
- 1/2 cup ice

* Blend until smooth

* Makes 2 servings

Cherry Lime Spritzer

- 1 cup pitted cherries
- 2 cups sparkling water
- 1 juiced lime with some pulp
- 1/2 cup ice
- garnish or muddle with mint (optional)

* Blend or muddle the fruit. Add the sparkling water or some wine too.

ENJOY!

